

# Healthy living

## Titus 3

To get the most out of this guide, prepare **BEFORE** the group, then be ready to discuss **DURING** the group. This will help you and your group to engage and respond to the living and active Word of God.



## Personal preparation **BEFORE** your growth group meets:-

### *Pray and read Titus 3*

- a. What key ideas stood out to you from this passage?



- b. What questions do you have from this passage?



- c. What personal application is there from this passage?



## **WHEN** your growth group meets:-

1. What do you find hard about living as a Christian in the world?

### **Read Titus 3:1-8**

2. Reflect on the reminders in vv. 1-2. What do they each mean?

3. Complete each phrase from Paul's gospel summary. What is significant in each phrase? (vv. 3-8)

a) We were...

b) But God...

- c) not because...
- d) but through...
- e) by...
- f) so that...

4. How does Paul's gospel summary answer the following statements:
- a) "I'm a good person. At least, I'm not that bad."
  - b) "Christians are so arrogant."
  - c) "I'm sick of hearing the same old gospel again and again. I want something more."
5. How does Paul's gospel summary inspire you to devote yourself to 'doing what is good'? (v. 8)

**Read Titus 3:9-15**

6. What are Paul's commands to Titus about the false teaching? (vv. 9-11)
7. What could it look like to put into practice v. 10?
8. How can you learn to devote yourself to 'doing what is good' (v. 14):
- a) at church?
  - b) at home?
  - c) in the community?
9. To summarise, what does Titus 3 say about being a "healthy" church?

**Prayer**

*What are some key ideas for you to take away from Titus 3?*

