

WHEN the growth group meets:-

- a. Discuss your reflections from last Sunday's talk on personal lamenting.

- b. Share together how you found using the structured lament.

Read aloud Romans 12.9-16

- a. Discuss your answers to Q1.

- b. Discuss your answers to Q2.

Read aloud Colossians 3.12-17

- c. Discuss how these verses add to our wisdom about how to (& how NOT to) care for our brothers & sisters going through hardship.

- d. As a group see if you can compile a list of ways that as a church family we could practically & "Christianly" care for those going through hardship.

Pray with & for each other and our church family that we could those who "rejoice with those who rejoice; mourn with those who mourn."